

# CARMEL PUBLIC SCHOOL, PALA

## Annual Report of the Academic Year 2022-23

Honourable chief guest of the day Shri Jose k Mani, (Member of Parliament), President of the function Rev.Dr.Sr.Sigi Therese,(Provincial Jayamatha Province Pala), Special guest, Mongr.Dr.JosephThadathil,(Protosyncellus Diocese of Pala), Rev.Fr.GeorgeMoolechalil(Vicar St.George church Lalam New), Shri Prince VC (Municipal Councillor Pala), Smt Leena Sunny (Ward member and Ex Municipal chairperson Pala), Sr.Riya Therese (Educational Councillor, Jayamatha Province Pala),Sr.Tessin (Local manager of the School),Sr.Serene Maria (Director of the school ),Shri Bijoy Thomas (PTA President), Mrs.Treesa Mathew (Staff Secretary), Master Edwin Jose Abraham and Kumari Aileen Benny (School leaders), Rev.Fathers&Sisters, PTA Executives, Parents,Well-wishers, members of staff and my dear children .

A pleasant and warm welcome to one and all who are present here to witness the 20th Annual Day celebrations unfolding. It is with great joy and immense pleasure that I stand here before you to present the Annual Report for the academic year 2022-23.

The saying goes like this: **"Future is not something to predict; it is something to build."**

No doubt, we, at Carmel Public School, build the future for hundreds of children. We are on a mission that re-affirms our vision.Upholding our values, we strive hard constantly to raise the standards and set new benchmarks.

Our dreams and aspirations would not have come true without the abundant blessings of Almighty God, the unwavering support extended by parents and the new goals we set for ourselves.

## **Academic Year 2022-23**

**"Every moment is a fresh beginning,"**

The academic year 2022-23 began on a cautious note, though coronavirus pandemic was subsiding and life returning to normal. We planned for everything without flouting the government guidelines and left nothing to chance. Safety was the first thing on our agenda. The school reopened on 1st June 2022 and a special programme named 'Pravesanolsavam' was held to give a warm welcome to everyone, especially the little kids.

## **Students and staff**

**"A good education can change anyone. A good teacher can change everything."**

With nearly 800 students on the roll including the kids, Carmel Public School aims to be a centre of excellence in education. We believe that the most valuable resource we have today is our staff. In total, there are 41 teachers and 21 non-teaching and supporting staff with us. The school functions smoothly thanks to their dedication, commitment and relentless effort. Besides, we have a team of special trainers and teachers who give training to students in physical education, communicative English, music, dance, craft, karate, yoga and skating.

## **Academic Achievements**

**" No great achievement is possible without persistent work."**

The students of class- 10 and class-12 who took the CBSE Board examinations for the year 2021-22 came off with flying colours and they brought laurels to Carmel Public School.

As for class-12, 36 students appeared for the final examinations and 3 students secured 90% marks or above. 7 students got 80% marks or above. Sruthi.S of the Science stream and Rose Milan Philip of the Commerce stream were the toppers who scored 92.4 % and 93 % respectively. As for class-10, 64 students appeared for the final examinations and 17 students secured 90% marks or above. Austin siby, Anjaly Raj and Annu Mariam Jojo secured A+ for all subjects. Annu Mariam Jojo emerged as the topper with 98.2%

## **Merit Day**

**Charm strikes the sight, but merit wins the soul.**

Carmel Public school celebrated the Merit Day on 18th August 2022 to honour the meritorious students for the academic year 2021- 22. The chief guest of the day was Sr. Tessin CMC. The former principal, Mrs. Sheela Paul graced the occasion as the guest of honour. School toppers of class-12 and class-10 were honoured on the occasion. Subject toppers and school toppers were given mementos and certificates. Sr. Tessin CMC, Mrs. Sheela Paul, Sr. Deepthi Maria CMC and Mr. Bijoy Thomas spoke on the occasion, congratulating the meritorious students. Mrs. Deepa Mathew, English teacher for class -10 was honoured on the occasion because one of her students scored full marks for English in the Board examination.

## **Parent Teacher Association (PTA)**

**Alone we can do so little; together we can do so much.**

The PTA general body meeting was held on 30th July 2022. In connection with this, an orientation programme was conducted for the parent community. Mr. Shaji C Mani spoke on ' Effective Parenting'. After the official meeting, the election of the new executive members was held and finally Mr. Bijoy Thomas was elected as the PTA president.

PTA is a partnership between the parents and teachers. Together they strive to enhance the quality of learning and enrich the lives of students on the campus. PTA meetings are held on a regular basis. This is a forum for parents and teachers to come together and interact positively. This helps the teachers focus more on individual students and their performance by sharing information and getting feedback. On behalf of the Carmel fraternity, I express my sincere gratitude to the PTA president and the executive members for their cooperation and support.

## **Teacher Enrichment Programme**

**"To teach is to learn twice over."**

Teacher Enrichment Programme provides opportunities to teachers to connect with the best trainers from academia and get a first-hand experience of the latest techniques. Teaching is a demanding job, so primarily enrichment programmes focus on professional growth and competence besides updating teachers on the new trends in classroom teaching.

**# Sahodaya Kottayam** conducted pedagogical training for teachers on 11 th June 2022. The principal and a few teachers attended this training programme conducted in Kottayam.

# As part of APP awareness programme for teachers, Carmel Public School organised a one-day programme on 23rd July. Teachers from Carmel Public School, pala, Jyothi Public School Paika and Carmel Rani Public School Variyanikkadu attended the programme led by Dr. M. Dinesh Babu.

# A training programme conducted by Sahodaya Kottayam, with emphasis on lesson plan and assessment, was held at our School on 13th August 2022. 178 teachers from 21 schools attended the programme. Dr.M. Dinesh Babu was the resource person.

## **Student Enrichment Programme**

**There are many little ways to enlarge your child's world.**

Student enrichment programmes aim to give students the opportunity to try new things and build technical knowledge and develop vital future skills. Students are groomed in such a way as to enable them to take on the real challenges that lie ahead in life.

# At the beginning of the academic year special programmes were held for students of classes 10 and 12 with a view to giving them counseling and guidance.

# Mr. P.U Thomas of Navajeevan Trust spoke to students from classes 6 to 12 in a specially convened assembly on 22nd Aug 2022. The purpose of his visit was to create awareness among students about the need for helping the poor and the destitute.

# The PTA president Shri. Bijoy Thomas gave a lecture to the high school students on the process of electioneering and its rules. The lecture was given on 30th September 2022.

# ATL orientation class was conducted on 28th Nov 2022 under the guidance of Mr. Anto Manual from the Department of Electronics and Communication, St. Joseph Engineering College, Choondachery.

# Carmel Public School gives utmost importance to children's health on the campus. In the first place, children are given counseling if needed. Secondly, we work in tandem with the Health Department and provide medicines and tablets. This time round, we joined hands with the Health Department to vaccinate students against covid-19. Besides, Rotary Club Pala organised an eye check-up for students on the campus.

# The primary objective of education is to mould citizens who respect values. We impart moral and spiritual values through moral science and catechism classes.

As part of value education, every class organizes a special programme to celebrate their patron's day. For classes 10 and 12, a one-day retreat was held on 28 November and it was led by Sr. Kochuthresia and team. For catholic students, special arrangements are made every month for Holy Mass and Confession.

## **Staff meetings**

**Coming together is a beginning; staying together is progress; working together is success.**

Staff meetings are held on a regular basis often to assess the progress made, to review the situation and plan out new strategies.

**The first staff meeting** was held on 30th May 2022. Several important decisions were made in the meeting. The discussion centered on the importance of English on the campus, the new master timetable and the allocation of periods to subject teachers.

**The second staff meeting** was held on 1st June 2022. Ms. Treesa Mathew was appointed as the staff secretary for the year 2022-23. Besides, new academic coordinators were selected and duties were assigned to teachers.

**A special staff meeting** was held on 25th June 2022. The purpose of the session was to discuss the vision and mission of the school. The discussion centered on the values our school upholds.

**Another staff meeting** was held on 21st October. In this meeting, certain guidelines and suggestions regarding the academic activities were discussed.

**The next staff meeting** held on 2nd November 2022 discussed matters related to the Annual Day celebrations, study-tour for students and the Open House which was coming up.

There was a **special staff meeting** held on 15th November 2022 for congratulating the teachers on achieving great success in the Sahodaya science exhibition held at Paika.

## **Annual Events**

'Pravesanolsavam' held on 1st June 2022 marked the beginning of the academic year 2022- 23.

Pravesanolsavam for the KG section was held on 6th June 2022. Teachers decorated the school walls to welcome the tiny tots.

**World Environment Day** was also celebrated on 6th June and different competitions were organized to mark the day

**Marking International Yoga Day** on 21st June 2022, senior students at our school performed yoga asanas and breathing exercises. Students in the lower section played mindful games to enhance their level of awareness and calmness.

**International Day against drug abuse** and illicit trafficking was observed on the campus on 27th June 2022. Two officers from the anti-narcotic cell were present and one of them spoke about the menace of drug abuse and smoking.

**Alphabetic Day** was celebrated by kindergarten children on 8th July. Singing and dancing, the little kids entertained everyone present on the occasion.

**Carmel Day** was celebrated with great fervour and devotion on 15th July 2022. The celebration began with a solemn prayer service led by the principal, Sr. Deepthi Maria CMC. Sr. Tessin CMC presided over the meeting and spoke

about the tradition of wearing scapular. Marking the day, senior students organized a cultural event.

**Art Fest titled 'Festivista'** was held house-wise on 22nd and 25th July 2022. The inaugural function was presided over by the local manager Rev. Sr. Tessin CMC. The chief guest of the day, noted children's writer ShajiMalipara spoke about the need for conducting cultural competitions. Mostly on-stage events were held on 25th July.

**Two-day Commerce Fest ' EMPORIO CARMELITE'** organized by the commerce department was held on 26th and 27th July 2022. The fest was inaugurated on 26th July by our local manager, Sr. Tessin Maria CMC. The main events of the fest were treasure hunt, squid game, and food court.

**The investiture ceremony** at Carmel Public School was held on 29th July 2022. Preceded by a spectacular display by the young roller-skaters at our school, the solemn ceremony was presided over by the local manager, Sr. Tessin CMC. Dr. Satheesh Thomas(Assistant professor, Department of physical education, Deva Mata college, Kuravilangad) was the chief guest on the occasion. Master Edwin Jose and Kumari Aileen Benny took over as the head boy and head girl respectively and the oath of office was administered to the newly elected members.

**Colouring** competitions were organized by KCSL and DCL in the school on 10th and 11th August 2022 respectively. A total of 141 students participated in the KCSL colouring competition and 133 students took part in the competition organized by DCL. The main objective of the event meant for students from KG to higher secondary section was to ignite the creative urge students are gifted with.

Besides, IndusInd Bank, Pala organized painting competition on the campus in connection with the 75th anniversary of India's Independence. ISAF Bank, pala too conducted a colouring competition and distributed prizes to the winners.

**75 th Independence Day** was celebrated at Carmel Public School with a lot of fervour and patriotic spirit. The principal hoisted the tricolour in the presence of the local manager, the PTA president and the PTA vice president. The march past organized house-wise was the highlight of the day, which was followed by a mass drill performed by the students of classes 8 and 9.

Kindergarten children enthusiastically celebrated **Colours' Day** on 23rd August 2022 in a fun-filled way. The little kids and their teachers came dressed up colourfully to mark the day.

**Teachers' Day** was celebrated on the campus to honour the teachers and acknowledge their contribution. Teachers' Day programme organized by the students of class-12 was a memorable event thanks to the special games students came up with.

**Onam** celebrations were held in a traditional way on 2nd September 2022. The celebrations got off to colourful start with the students laying a ' Pookkalam' in the reception area. Onam is the celebration of the glorious bygone days. Traditional competitions like ' Onappattu', 'thiruvathira', 'pulikali' and tug of war were well-received and they evoked a mood of wishful longing for the past.

From 10th October onwards, observing **Rosary Month**, students started reciting rosary to venerate Mother Mary. This continued for 10 days and ended on 25 th October.

Carmel Public School conducted a **news- reading competition** in association with Navajeevan Trust on 13th October. Kumari Dona Ann Sabu won the first prize.

**Fruit Day** was celebrated on 21st October by the KG section. Children brought fruits and the teachers made fruit salad for them. The objective was to stress the importance of fruits in our regular diet.

A special Assembly was conducted on 26 th October in association with **Swatch Bharat Mission** and two officials from the Municipal Office Pala spoke on the occasion, creating awareness about the cleanliness drive which the government has undertaken. In connection with this, poster making and slogan writing competitions were held in the school.

40 students from our school participated in **the Sahodaya Educational ExpoRessero 2022** held at Jyothi Public School Paika on 10th and 11 th November 2022. Students competed in events such as working model, still model, clay modeling, vegetable carving and recycling. Our students received the prize for the best stall from Shri. Mani C Kappen. The students were congratulated in a special assembly.

**Children's Day** was celebrated on 14th November. Students of the LP section hosted the programme with a lot of vigour and enthusiasm. It was a really memorable event and sweets were distributed at the end.

**Atal Innovation Mission** organized a mega tinkering activity across India on 14th October. All ATIs were supposed to make a small project, using the materials present in the lab. Our students too participated in the largest tinkering event in India.

**Study-tours** were organized for classes 8, 9, 10, 11 and 12. School trips were a welcome change for students. 11th and 10th graders went on an excursion to Mysore and the 12th graders had a day out in Wonderla, Kochi. And 8th and 9th graders went on a trip to Kodaikanal.

## **Sports and games**

**Annual Sports Meet** was held on 25th and 26th November 2022. The meet was inaugurated by the chief guest of the day, Dr. Sunil Thomas, Asst. Professor, St. Thomas College of Teacher Education, Pala. Following the march past, the chief guest hoisted the flag. The aerobic performance that followed was a sight to watch. The sports meet virtually began when the chief guest lighted the torch and handed it over to Master Binet Bijoy, the sports captain. The competitions were held house-wise and students competed in track and field events passionately. The sports meet for the KG section was held in the school auditorium on 29th November.

Students from our school participated in the skating competition held on 24th September at Placid Vidhya Vihar, Changanassery. Aadidev T Aji and Alan Bobby qualified for the next round.

Aadidev T Aji of class 5 and Ronish of class 1 participated in the 18th Kerala Roll Ball Championship held in Thiruvananthapuram.

Students from Carmel Public School took part in Sahodaya Sargasangamam throw ball competition on 19th October 2022.

SahodayaSargasangamam chess competition was held at St. Alphonsa Public School, Kudamaloor on 25th October. Our students performed well in the competition.

### **Co- curricular activities**

Co-curricular activities aim to supplement classroom learning. We at Carmel Public School do everything possible to groom children and help them achieve their full potential. We have special experts who engage students and identify their latent talents. They give training to students in yoga, karate, music, dance and art.

### **Communicative English**

Communicative English is an approach to language teaching in which students learn from real life interactions. Communicative English programme at Carmel Public School is well on course and our prime objective is to help students learn to speak English through fun-filled activities. Speaking English is compulsory for students on the campus.

In the month of June, communicative English Leaders (CES) were chosen and given badges. The English Box was placed on the campus for 15 days and students could drop their comments into the box. The best entries were selected and winners were given prizes. Later on, students who made progress were selected and they were given smart boy/ smart girl cards. Communicative English diaries were distributed to all students and now students write new words every day in the diary. Besides, speaking tests for individual students are conducted on a regular basis. Debates and discussions are held in the classrooms for senior students. Right now campus programmes such as English Ladder and Radio Show are going on.

## **Prizes and Awards**

# The news-reading competition was held in the school in association with Navajeevan Trust. Kumari Dona Ann Sabu won the first prize.

#SahodayaSargasangamam was held at Labour India Public School. 31 students from our school participated in various events.

Students from our school won the first place with A grade in the patriotic song competition.

Josh K Mathew won the first place with A grade in elocution competition (English) and third place with A grade in elocution competition (Hindi).

Aileen Benny won the first place with A grade in versification competition (English).

# A national level technical fest (Hackathon) was held at St. Joseph's College of Engineering,Pala. Representing Carmel Public school, Krish Mohan, ChristomAntom, Thomas Sajeev and Mathew George won the first place and the certificate of achievement.

# Students from Carmel Public School participated in various competitions held in connection with the platinum Jubilee celebrations of CYML Pala.

Four students won prizes in the drawing competition.

NainikaAlphons Aji won the first prize. (KG section)

Namrita Mary Aji won the second prize. (UP section)

ChristomAntoo won the first prize (High School section)

Five students won prizes in the music competition.

EsaMariyaShaji won the first prize. (LP section - girls)

Chackochen Jose won the first prize (LP section - boys)

Augustine Patrick won the second prize (LP section- boys)

Devesh Shibu won the first prize. (UP section- boys)

Aleena Vineeth won the first prize (HS section - boys)

Three students won prizes in elocution competition.

Chackochen Jose won the first prize (LP section - boys)

Evan Alex Emmanuel won the third prize (HS section - boys)

Elizabeth Alex Emmanuel won the second prize (Higher secondary section - girls)

# An awareness rally against drug abuse was jointly organised by Sahodaya Kottayam, Dream and Vimukthi Mission. The students from Carmel Public School bagged the first prize.

### **Social awareness and charity**

Students at Carmel Public School grow up as responsible citizens, conscious of the difficulties and hardships faced by the destitute who live in our midst, neglected by families and close relatives. Knowing more about social issues makes students more responsible and responsive.

Following Onam celebrations, students of class 10 contributed generously and collected an amount of RS 10,000 and handed it over to the inmates at the old age home in Boys Town, Karoor. They spent a day with the inmates and staged some entertainment programmes besides giving inmates sweets and 'Payasam'.

Mr PU Thomas of Navajeevan Trust, Kottayam gave our students an enlightening talk on the plight of the poor and diseased in the month of August.

Students responded generously and collected an amount of RS 8350, which was handed over to the Navajeevan Trust.

## **Gratitude**

**'Feeling gratitude and not expressing it is like wrapping a present and not giving it.'**

We are greatly indebted to all those who contributed in their own ways to the progress Carmel Public has made over the years. We have come a long way; we have had visionary leaders, inspiring teachers and ideal students who strived hard to help us scale new heights. Words cannot express how much they mean to us. On behalf of the Carmel fraternity, I express my sincere gratitude to them

Besides, I take this opportunity to extend my heartfelt gratitude to our mother, the provincial of Jayamatha Educational Trust, Rev. Dr. Sr. Sigi Therese, the local manager, Rev. Sr. Tessin CMC and the administrator, Rev. Sr. Serene CMC for leading the way and guiding us.

The teachers really play a pivotal role, move with purpose and remain focussed all throughout the year. They deserve special mention. I am extremely grateful to them for their commitment and dedication. Also, I would like to thank the non-teaching staff who work hard relentlessly.

We are greatly indebted to the parents. Without their support, cooperation and trust, we wouldn't have been what we are today, so we always hold the parents

in high esteem. On this occasion I thank them wholeheartedly. The student community is our asset and strength and we proudly train them to grow up gracefully and become responsible citizens.

## **Conclusion**

When the Annual Report 2022-23 comes to an end, I would like to extend my sincere thanks to our staff, PTA executive members, parents, students and benefactors who strived hard day in and day out to make our dreams come true. I thank Almighty God for the countless blessings we have received through the intercession of Mother Mary, our Patroness. Seeking God's grace and favour for making our future-endeavours more fulfilling and rewarding, I would like to conclude the report for the academic year 2022-23.

Thank you all

God bless you

Sr. Deepthi Maria CMC

Principal